

**UNITE  
FOR  
GOOD**



**LETS  
INSPIRE**

# Aasha

*Rotary Club Of Mumbai Sher-E-Punjab*  
**Monthly Newsletter, August 2025**

Website: <https://www.rcmsherepunjab.rotaryindia.org>  
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**LET'S  
INSPIRE**

# Aasha

## From the Presidents Desk



Dear Friends,

The second month of our Rotary year has flown by in the blink of an eye and when I look back, I am filled with pride at the impactful projects, heartfelt celebrations and cherished moments of fellowship we created together.

From the warmth of our Foundation Day celebration to tying Raksha Bandhan with our specially abled friends, each initiative carried forward our spirit of service with love. The magic show brought joy and laughter, while the medicine donation at Humsafar Trust extended dignity and care to those in need. Equally significant was the menstrual hygiene awareness session at Kamla Mehta School for the Blind, empowering young girls with knowledge and confidence. We strengthened our reach through Annapoorna with the addition of our new RCC and celebrated Independence Day with children of Angel Xpress, spreading both joy and patriotism.

The month's highlight was undoubtedly the Ganesh Chaturthi celebration at the Bhoocher residence—and for the first time, in our very own home. More than a festival, it became a symbol of fellowship, devotion and the togetherness that defines our club.

This edition of our e-magazine also brings exciting new features. We launch Jassi's Read & Recall Challenge, a quiz corner designed to be fun, engaging and insightful. It gives me great pleasure to introduce our Central Zone Chief Coordinator, Rtn. Ravi Jaswani, whose leadership will be invaluable to our journey ahead. Our contributors add fresh perspectives—Jotinder reflects on Donald Trump's Leadership: Through the Rotary Lens, while A Peep Through Guru's Window by Gurpreet raises awareness about cyber fraud, a very real challenge of our times. We are equally proud to present our brand partner, She Nailed It, in this edition.

I am also delighted to share that we released five editions of our weekly newsletter this month. It has been heartening to see members read, engage, and encourage us to continue this effort with renewed enthusiasm.

So many events, countless beneficiaries and endless moments of joy, compassion and fellowship—this month has been a true reflection of who we are as Rotarians: people of action, bound by service and compassion.

With gratitude and excitement for the months ahead,  
Shukrana

**President Rtn. Minishaa I Oberoi**





# Aasha

## The Editorial Board



Rtn. Minishaa I Oberoi



Rtn. Jotinder Singh Ahluwalia



Rtn. Jasjit Bhatia



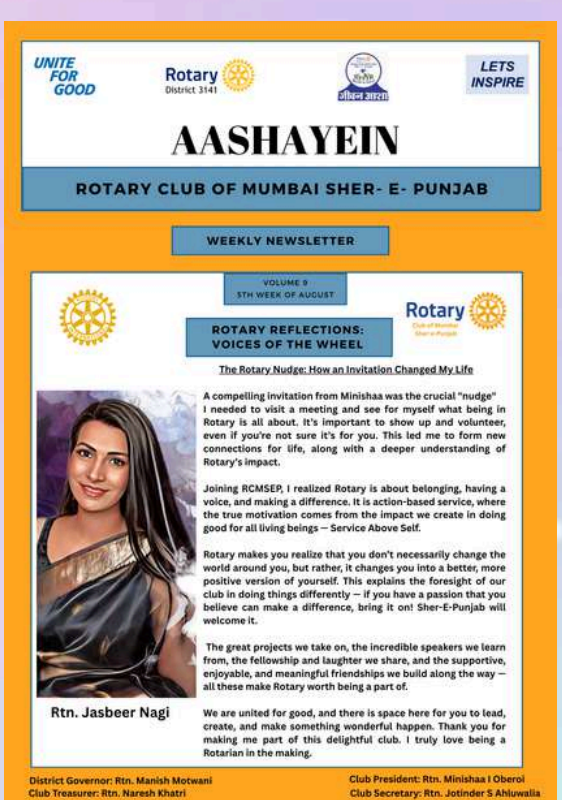
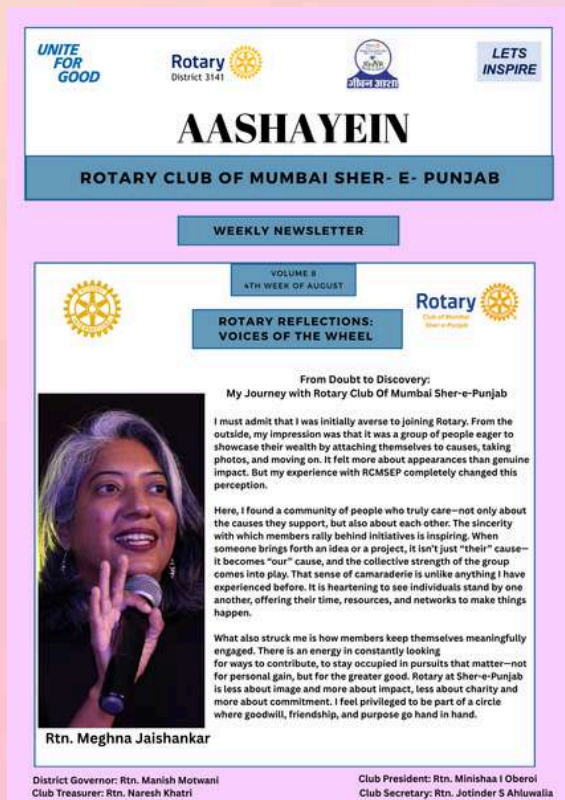
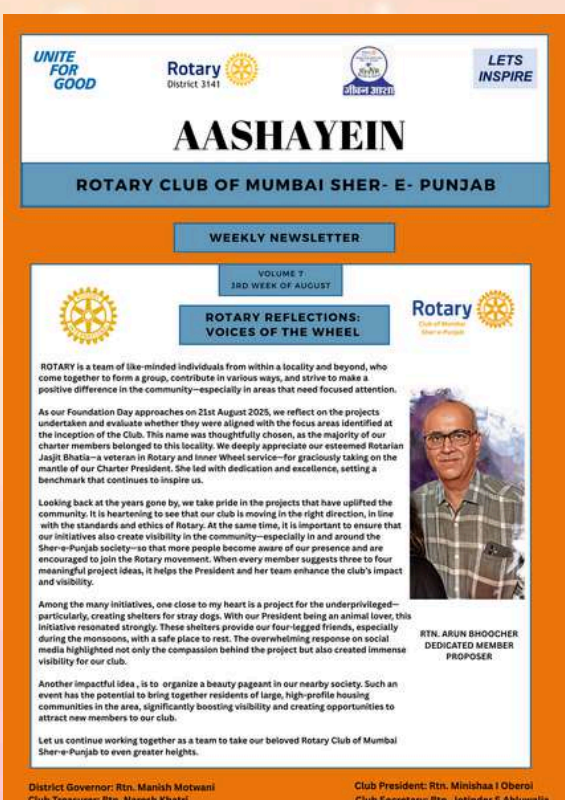
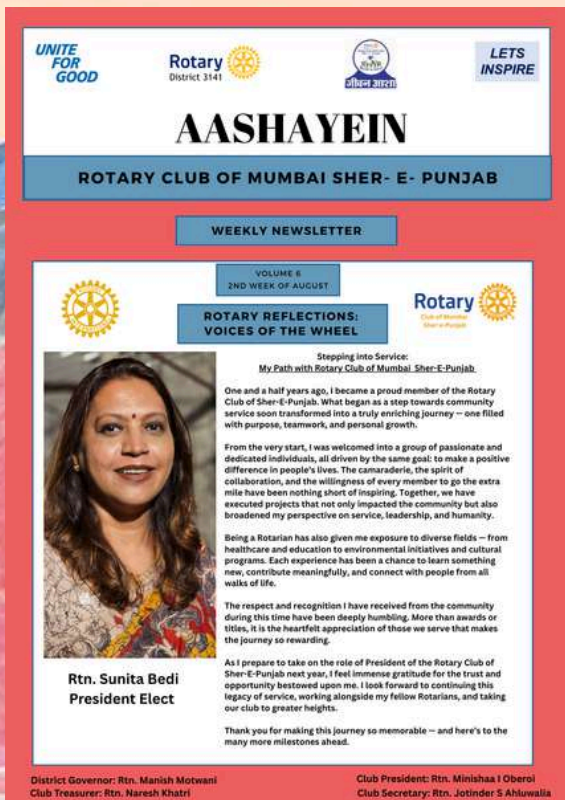
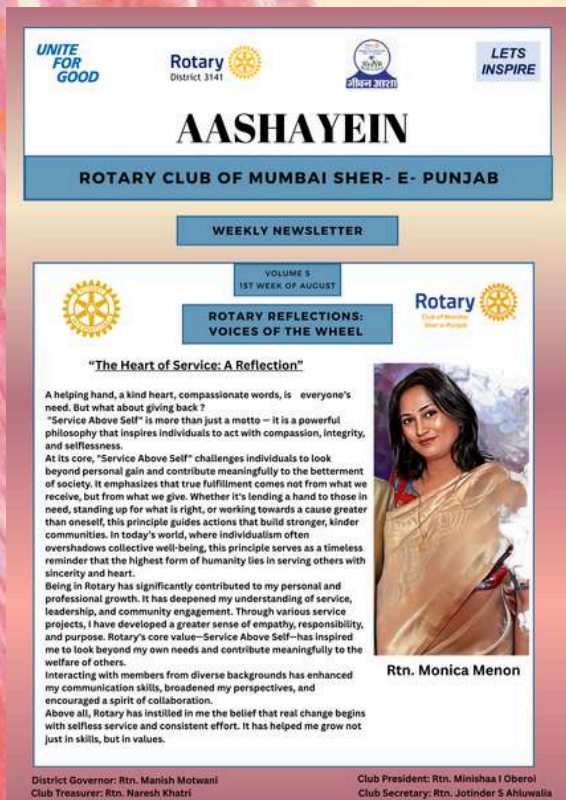
Rtn. Seema Bhoocher



Rtn. Jasbeer Nagi



Rtn. Aarti Jadhav





# August Member Spotlight



## ARUN BHOOCHEER

**My Hobby:** Cooking. Watching cricket

**Free time :** Watching TV/ OTT

**Favourite.....**

**Actor:** Aamir Khan

**Book:** Day of The Jackal

**Song:** Give me some sunshine

**Food:** Vada pao

**Destination:** Singapore

**Project :** Musical Night

**I am:** 100% Giver

**My Mantra:** Give 100% to any activity else 0%



## BALJEET KAUR

**My Hobby :** Listening music, gardening

**Free time :** I love to listen to Kirtan and do path

**Favourite .....**

**Actor :** Manoj Kumar

**Book:** The Secret

**Song:** Yeh Zindagi Ushi ki hae Jo kisi ka ho gya

**Food:** Chinese

**Destination:** Australia

**Project :** Giving books n stationary to needy students

**I am :** Giving books n stationary to needy students

**My Mantra:** I'm simple peaceful , honest person



## GURPREET SINGH

**My Hobby :** Coaching, Consulting and Training

**Free time :** Singing or listening to old songs,

**Reading**

**Favourite .....**

**Movie :** Entebbe, Taken, Ek Ruma Hua Faisla,

**Bhag Milkha Bhag, 3 Idiots**

**Book:** You can Win

**Food:** Rajma Chawal

**Destination:** Switzerland

**Colour:** Black

**Project :** Spreading smiles in old age homes

**I am :** Creative, Technologist and Motivator

**My Mantra:** Never Say Die



## SUNITA GANDHI

**My Hobby :** Reality shows on TV, travelling

**Free time :** Watch news, YouTubes to learn

**Favourite .....**

**Movie :** Kal Ho Na Ho, Ghoomer

**Book :** Chanakya Neeti

**Song :** Maeri by Euphoria

**Food:** Seafood, Idli Sambhar, Pani puri

**Fruit :** Custard Apple, Guava

**Project :** Annapurna

**I am :** Honest and Passionate

**My Mantra:** I am grateful for all that I have and choose to be happy.





# Wheels of Wisdom

## Donald Trump's Leadership: Through the Rotary Lens

By Rtn. Jotinder Singh Ahluwalia

Donald J. Trump's presidency was marked by the "Make America Great Again" (MAGA) and "America First" agenda, prioritizing U.S. interests over global cooperation. His leadership style—transactional, unilateral, and often confrontational—reshaped global politics, alienating allies while appealing to his domestic base. For India, a strategic partner of the U.S., this approach brought both opportunities and strains. Viewed through **Rotary's Four-Way Test** and its commitments to Diversity, Equity, Inclusion (DEI) and global cooperation, Trump's policies raise serious ethical concerns.

### AMERICA FIRST: NATIONALISM OVER MULTILATERALISM

Trump argued that the U.S. was being exploited in global arrangements. His response was:

- Withdrawals from the Paris Climate Accord, WHO, and Iran nuclear deal.
- Tariffs on allies and rivals, sparking trade wars.
- Transactional diplomacy, favoring strongman leaders over institutions.

This posture weakened collective action on climate change, health, and security, and fractured trust among traditional allies.

### INDIA AND THE TARIFF DOUBLE STANDARDS

India, despite strong defense and cultural ties with the U.S., faced friction. Trump imposed 50% tariffs on Indian goods, citing India's oil imports from Russia—while the U.S. itself imported 27% of its uranium from Russia. Such double standards reflected Trump's ego-driven style. His pursuit of Nobel Peace Prize nominations often looked like theatrics: escalate tensions, ease them, then claim credit. For India, the lesson was clear—strategic engagement is vital, but blind trust is unwise. As echoed in the film Gadar: "We don't oppose others becoming great, but India's greatness must not be diminished."

### ROTARY'S FOUR-WAY TEST

#### 1. Is it the truth?

Trump's misinformation—on trade, ceasefires, or climate—eroded credibility.

#### 2. Is it fair to all concerned?

Allies like India faced harsh tariffs while authoritarian regimes were appeased.

#### 3. Will it build goodwill and friendships?

Trade wars and abrasive diplomacy fractured global friendships.

#### 4. Will it be beneficial to all concerned?

Short-term domestic wins undermined long-term global stability and trust.

**By Rotary's ethical lens, Trump's policies consistently failed.**

### DEI, SDGS, AND ROTARY'S SEVEN AREAS OF FOCUS

Trump openly opposed Diversity, Equity, and Inclusion (DEI), dismissing them as "woke politics." Rotary, by contrast, embeds DEI in its mission.

Similarly, Trump's climate denialism clashed with Rotary's 7th Area of Focus—Supporting the Environment and global Sustainable Development Goals (SDGs). His legacy also harmed:

- Peacebuilding: through divisive rhetoric.
- Health: by weakening WHO during a pandemic.
- Economic Development: via damaging trade wars.
- 

### INDIA'S STRATEGIC CHOICES

- Engage with caution: Continue defense and technology cooperation, but guard autonomy.
- Champion DEI and SDGs: Lead inclusively, becoming a moral voice for the Global South.
- Diversify alliances: Strengthen ties with Europe, Africa, and Asia to reduce reliance on U.S. politics.
- Support multilateralism: Uphold UN, G20, and BRICS frameworks to preserve collective progress.
- 

### LESSONS FOR LEADERSHIP

Trump's presidency shows that bullying and ego may secure tactical concessions but destroy trust, the most valuable currency in diplomacy. Once eroded, trust takes decades to rebuild. History shows that short-term, self-serving policies collapse, leaving behind fractured alliances and diminished moral authority. Ethical leadership demands truth, fairness, goodwill, and shared benefit. Ignoring these principles weakens both nations and the international order.

### CONCLUSION

Trump's "America First" policies may have won short-term domestic gains but failed the Rotary Four-Way Test on truth, fairness, goodwill, and benefit to all. His opposition to DEI, climate action, and multilateralism placed him at odds with global values of inclusion and sustainability.

For India, the way forward lies in cautious engagement with the U.S., diversified alliances, and a stronger role in multilateral platforms. By upholding truth, fairness, and inclusiveness, India can stand tall against hypocrisy and lead by example.

Rotary's wisdom is timeless: truth matters, fairness is essential, goodwill sustains friendships, and actions must benefit all. Trump's legacy underscores the cost of abandoning these principles—and the urgent need for ethical global leadership.



# CUPBOARD CLEAN-UP FOR SUSTAINABILITY & ENVIRONMENT

RCMSEP MEMBERS CONDUCTED A CUPBOARD CLEAN UP DRIVE IN THEIR SOCIETIES. E-WASTE, OLD SHOES, CLOTHES, AND HOUSEHOLD ITEMS WERE COLLECTED, WHICH WILL HELP TO RESPONSIBLY REDUCE, RECYCLE, AND RE-USE RESOURCES.



## CLEAN-UP COLLECTION DRIVE

Donate your



E-WASTE OLD SHOES CLOTHES and HOUSEHOLD ITEMS

Date: 2nd August 2025, SATURDAY  
Time: 10 am to 11 am  
Venue: Oberoi Splendor, F Tower Lobby

Rtn. Sunita Bedi  
Rtn. Minishaa I Oberoi (President)



ROTARY CLUB OF MUMBAI-SHER-E-PUNJAB organizes

## E-WASTE & CUPBOARD CLEAN-UP DRIVE

Donate your old clothes, shoes, bags, household items & E-waste

Date: 1st & 2nd August 2025  
Venue: Prisma Lobby

Let's declutter with purpose and give new life to what we no longer need!



Rtn. Amita Kastiya  
Rtn. Minishaa I Oberoi (President)





# DONATION OF WATER PURIFIER AND LONG TABLES

RCMSEP IN COLLABORATION WITH CHINGARI SHAKTI FOUNDATION DONATED 2 BIG WOODEN TABLES (8 FT X 4 FT) AND A WATER PURIFIER TO RAMESHWAR SCHOOL – MALAD.





# SMILE BOX - ANNAPURNA & DONATION OF EDUCATIONAL INFRASTRUCTURE

THE AANGANWADI KENDRA IN ANDHERI REQUIRED A WOODEN TABLE, FLOOR MATS, A BLACKBOARD, AND EDUCATIONAL TOYS FOR THEIR YOUNG CHILDREN. RCMSEP FULFILLED THESE NEEDS UNDER THE SMILE BOX – ANNAPURNA PROJECT, WITH THE BHOOCHAR FAMILY AND RTN. SWATI KHATRI SPONSORING THE SNACKS AND ITEMS AS PART OF THE BIRTHDAY CELEBRATION OF MS. SHRUTI BHOOCHAR.



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Rotary  
District 3141



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**CELEBRATING WITH HEART**

ROTARY CLUB OF MUMBAI SHER-E-PUNJAB cordially invites you to a joyful celebration of

**Dear Shruti Bhoocher's Birthday**

with the lovely children of Aanganwadi Kendra, Andheri (East)

**Date:** 5th August 2025  
**Time:** 11:30 AM

**How Do We Celebrate?**

By spreading love and smiles through our donations:

- Office Table
- Floor Mats
- Educational Toys
- Food Packets

**Come, be a part of this heartwarming initiative!**

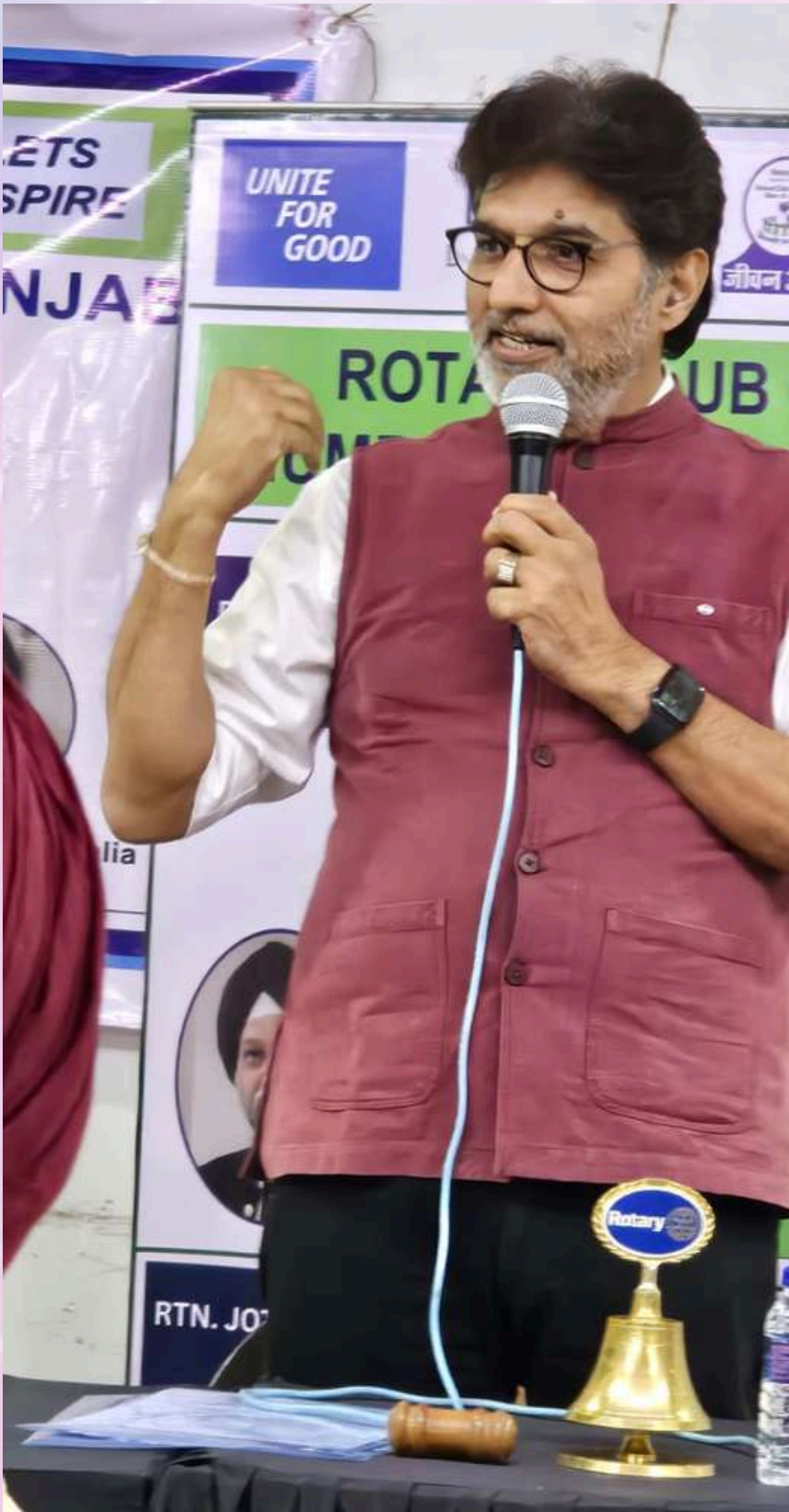
Rtn. Minishaa I Oberoi (President)  
Rtn. Seema Bhoocher  
Rtn. Swati Khatri





# CLUB MEETING & SPEAKER SESSION : RTN. VINOD THAKKAR

A SUCCESSFUL BOD AND CLUB MEETING WAS HELD, FEATURING ENGAGING DISCUSSIONS ON PAST EVENTS, UPCOMING AUGUST PROJECTS, AND THE RECOGNITION OF MEMBERS' OUTSTANDING CONTRIBUTIONS. GUESTS AND PROSPECTIVE MEMBERS ALSO JOINED, MAKING THE EVENING MORE VIBRANT. THE HIGHLIGHT OF THE PROGRAM WAS AN INSPIRING TALK BY RTN. VINOD THAKKAR ON "BEING A ROTARIAN." THE MEETING CONCLUDED WITH A DELIGHTFUL DINNER, FOSTERING CAMARADERIE AND A SPIRIT OF CELEBRATION AMONG ALL ATTENDEES.





# SMILE BOX- ANNAPURNA AT DIGNITY FOUNDATION

RCMSEP, IN PARTNERSHIP WITH CHINGARI SHAKTI FOUNDATION, ORGANIZED THE SMILE BOX – ANNAPURNA PROJECT AT THE JOGESHWARI DAY CARE CENTRE OF DIGNITY FOUNDATION, WHERE WHOLESOME MEALS WERE SERVED TO 75 SENIOR CITIZENS, FILLING THE DAY WITH WARMTH AND JOY.





# CELEBRATIONS, SMILE BOX- ANNAPURNA & ENTERTAINMENT

UNDER ITS SMILE BOX – ANNAPURNA PROGRAM, RCMSEP CELEBRATED THE BIRTHDAY OF MS. SUNITA KRISHNADAS, WHO GENEROUSLY SPONSORED SNACKS AND A SPECIAL MAGIC SHOW FOR SPECIALLY-ABLED CHILDREN AT . THE HIGHLIGHT OF THE CELEBRATION WAS THE ENCHANTING PERFORMANCE BY MAGICIAN VEER PASWAN, WHICH BROUGHT IMMENSE JOY AND EXCITEMENT TO THE CHILDREN.





FOR THE THIRD CONSECUTIVE YEAR, RCMSEP CELEBRATED RAKSHA BANDHAN AT CHESHIRE HOME, ANDHERI EAST, SPENDING A HEARTFELT MORNING WITH 10 LONG-TERM RESIDENTS. MEMBERS TIED RAKHIS, SHARED SWEETS, FRUITS AND ALSO DONATED TWO MATTRESSES TO ENHANCE THEIR COMFORT. THE CELEBRATION BEAUTIFULLY REFLECTED LOVE, CARE, AND THE SPIRIT OF COMMUNITY SUPPORT.





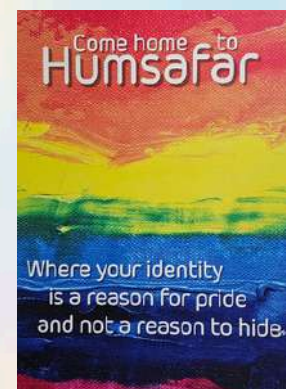
**BLOOD SHORTAGE IS A CONSTANT CHALLENGE FOR HOSPITALS AND CAN OFTEN MEAN THE DIFFERENCE BETWEEN LIFE AND DEATH FOR PATIENTS. TO ADDRESS THIS, RCMSEP CO-HOSTED A BLOOD DONATION DRIVE WITH 21 CLUBS AT ANDHERI STATION, SUCCESSFULLY COLLECTING 89 BOTTLES.**

[illegible]



# DEI : GENERIC MEDICINES DONATED TO HUMSAFAR TRUST

RCMSEP DISTRIBUTED GENERIC MEDICINES TO TRANSGENDERS AND PEOPLE LIVING WITH HIV AT HUMSAFAR TRUST, KALINA. SPONSORED BY M/S UNIMARK PHARMA INDIA LTD UNDER THEIR CSR INITIATIVE, ALONG WITH CONTRIBUTIONS FROM OTHER DONORS. SNACKS WERE ALSO DISTRIBUTED TO MARK THE BIRTHDAY CELEBRATION OF NIRVAAN NAGI, SON OF RTN. JASBEER.





# AWARENESS SESSION ON MENSTRUAL HEALTH & HYGIENE

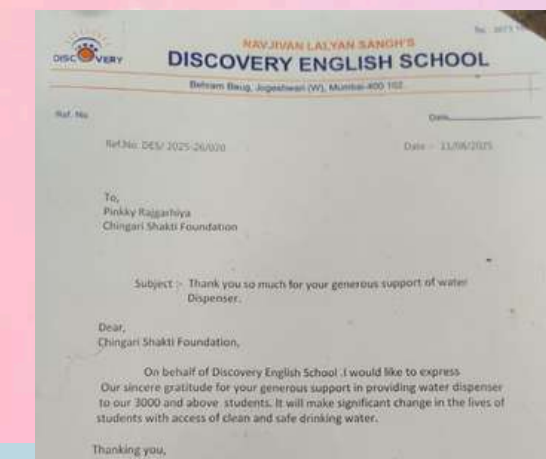
RCMSEP ORGANIZED A MENSTRUAL HYGIENE AWARENESS SESSION FOR THE GIRLS OF KAMLA MEHTA SCHOOL FOR THE BLIND, ALONG WITH THE DISTRIBUTION OF SANITARY PADS AND HYGIENE KITS. A TOTAL OF 327 SANITARY PADS (FOUR PACKETS PER GIRL) WERE PROVIDED, SUPPORTING THE MENSTRUAL HEALTH OF THE VISUALLY CHALLENGED STUDENTS.





# DONATION OF WATER DISPENSER

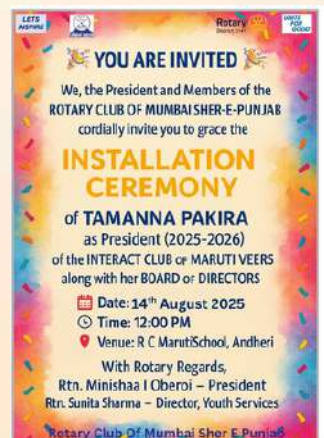
RCMSEP, IN COLLABORATION WITH PARTNER, CHINGARI SHAKTI FOUNDATION, DONATED A WATER DISPENSER TO DISCOVERY ENGLISH SCHOOL, JOGESHWARI (WEST), BENEFITING BOTH STUDENTS AND STAFF. THIS INITIATIVE ENSURES ACCESS TO SAFE DRINKING WATER AND SUPPORTS BETTER HEALTH AND WELL-BEING WITHIN THE SCHOOL COMMUNITY.





# INSTALLATION CEREMONY OF INTERACT CLUB OF MARUTI VEERS

TAMANNA PAKIRA & HER BOD WERE FORMALLY PINNED BY RCMSEP CLUB PRESIDENT, RTN. MINISHAA OBEROI AND SENIOR BOD MEMBERS. A FORMAL HANDOVER OF THE COLLAR, GONG & GAVEL & CHARTER CERTIFICATE WERE DONE. MS. TAMANNA SHARED HER BROAD PLANS FOR HER TERM ENTHUSIASTICALLY AND INTRODUCED HER BOD TEAM.





# INDEPENDENCE DAY CELEBRATION WITH ANGEL XPRESS

RCMSEP CELEBRATED INDEPENDENCE DAY ON 15TH AUGUST WITH THE CHILDREN OF ANGEL XPRESS AND ALM PARK MEMBERS. THE EVENT BEGAN WITH FLAG HOISTING, FEATURED DELIGHTFUL SONG AND DANCE PERFORMANCES AND CONCLUDED WITH DELICIOUS SNACKS.





# RCC SMILE BOX - ANNAPURNA WITH JANMASHTAMI CELEBRATION

RCMSEP CELEBRATED JANMASHTAMI WITH RCC JEEVDANI SEVAKS UNDER THE SMILE BOX – ANNAPURNA INITIATIVE, SERVING PAV BHAJI, BISCUITS AND LADDOOS. THE CHILDREN WERE ALSO GIFTED STUFFED TOYS BY PARTNER CHINGARI SHAKTI FOUNDATION, FILLING THE CELEBRATION WITH JOY AND HAPPINESS.





# DONATION OF UMBRELLAS, NOTE BOOKS, BISCUITS

RCMSEP RAISED FUNDS TO PROVIDE 1400 NOTEBOOKS, 144 UMBRELLAS, 5 FOOTBALLS, 180 OREO BISCUIT PACKETS (CONTRIBUTED BY DISTRICT). THIS MATERIAL WAS HANDED OVER TO RTN. MR. RAMDAS OF RC KARJAT FOR DISTRIBUTION AT 2-3 SCHOOLS IN KASHELE.





# DISTRIBUTION OF UMBRELLAS, NOTE BOOKS & BISCUITS





# DONATION TO MANAV JEEVAN SEVA TRUST

RCMSEP DONATED A TRUCKLOAD OF CLOTHES, SHOES, BAGS AND TOYS TO MANAV JEEVAN SEVA TRUST FOR VILLAGE DISTRIBUTION, PROMOTING ITS RECYCLE, REUSE, REDUCE MISSION BY GIVING CITY ITEMS A NEW LIFE IN RURAL COMMUNITIES.





# SPEAKER SESSION : RTN. ANAND RAMNANI

RTN. ANAND RAMNANI, AVENUE CHAIR (YOUTH), DISTRICT 3141, CONDUCTED AN ENGAGING SESSION ON ROTARY YOUTH EXCHANGE (RYE) AND NEW GENERATION STUDENT EXCHANGE (NGSE), HIGHLIGHTING OPPORTUNITIES FOR YOUTH TO EXPLORE FOREIGN CULTURES AND DEVELOP LEADERSHIP. THE SESSION CONCLUDED WITH A LIVELY Q&A AND A TESTIMONIAL BY DR. GOPINATH MENON, A PAST BENEFICIARY.





# LAPTOP DONATION TO STUDENT

RCMSEP, IN COLLABORATION WITH GUR SAMARATH FOUNDATION, DONATED A GENTLY USED MAC AIR LAPTOP TO SUMIT GHODMODE, A 3RD-YEAR ENGINEERING STUDENT AT GOVERNMENT POLYTECHNIC. THIS INITIATIVE AIMS TO SUPPORT HIS ACADEMIC JOURNEY AND EMPOWER HIM WITH BETTER ACCESS TO DIGITAL LEARNING RESOURCES.





# CLUB FOUNDATION DAY & FIRESIDE MEET

RCMSEP CELEBRATED FOUNDATION DAY AND ITS FIRESIDE MEETING AS A MEMORABLE EVENING OF FELLOWSHIP, GRATITUDE AND SERVICE—HONORING THE CLUB'S INCREDIBLE JOURNEY WHILE MARKING ITS 2ND BIRTHDAY. THANKS TO THE GRACIOUS HOSTS, DEDICATED ORGANIZERS AND INSPIRING LEADERS, MEMBERS ENJOYED A NIGHT OF BONDING, COMMUNITY IMPACT AND THE TRUE SPIRIT OF ROTARY.





# 2-DAY MEGA FINANCIAL LITERACY CAMP FOR GOVT. SCHEME REGISTRATIONS

RCMSEP, WITH SUPPORT FROM SURYODAY FOUNDATION, ORGANIZED A CAMP AT OBEROI SPLENDOR SOCIETY TO ASSIST STAFF IN REGISTERING FOR GOVERNMENT SCHEMES AND OPENING ZERO-BALANCE ACCOUNTS. THE CAMP ALSO PROVIDED ACCESS TO MEDICAL AID, INSURANCE AND FINANCIAL LITERACY, EMPOWERING PARTICIPANTS WITH ESSENTIAL BENEFITS AND KNOWLEDGE.





# RAW : MEDICINES FOR STREET DOGS

UNDER THE THEME OF COMMUNITY DEVELOPMENT AND DISEASE PREVENTION & TREATMENT, RCMSEP SUPPORTED LOCAL ANIMAL WELFARE WORKERS IN JOGESHWARI (E) BY PROVIDING MEDICAL SUPPORT FOR 10 DOGS AT A COST OF ₹750. THE INITIATIVE WAS CARRIED OUT UNDER PROJECT RAW, REFLECTING THE CLUB'S DEDICATION TO ANIMAL WELFARE AND COMMUNITY HEALTH.





# DISTRICT EVENT : THE ROTARY FOUNDATION SEMINAR

RCMSEP WAS PROUD TO BE THE GOLD CO-HOST OF THE 1ST TRF SEMINAR OF RID 3141 – “INSPIRE TRF SEMINAR”. ORGANIZED BY THE ROTARY CLUB OF BOMBAY POWAI, THE SEMINAR FEATURED PAST ROTARY INTERNATIONAL PRESIDENT SHEKHAR MEHTA AS THE CHIEF GUEST, GIVING MEMBERS AN INSPIRING OPPORTUNITY TO HEAR FROM HIM.

**INSPIRE TRF SEMINAR**

Sunday, 24th August, 2025  
From 6pm at Emperor Hall, NSCI, Worli

Inviting Co-Hosts:

- ★ Platinum : 30000/- (6 complimentary seats)
- ★ Diamond : 20000/- (4 complimentary seats)
- ★ Gold : 10000/- (2 complimentary seats)

Registration ₹ 2500/- per person

Host Club  
**Rotary Club of Bombay Powai**

A/c number : 002005038544  
IFSC Code : ICIC0000020  
Bank : ICICI Bank

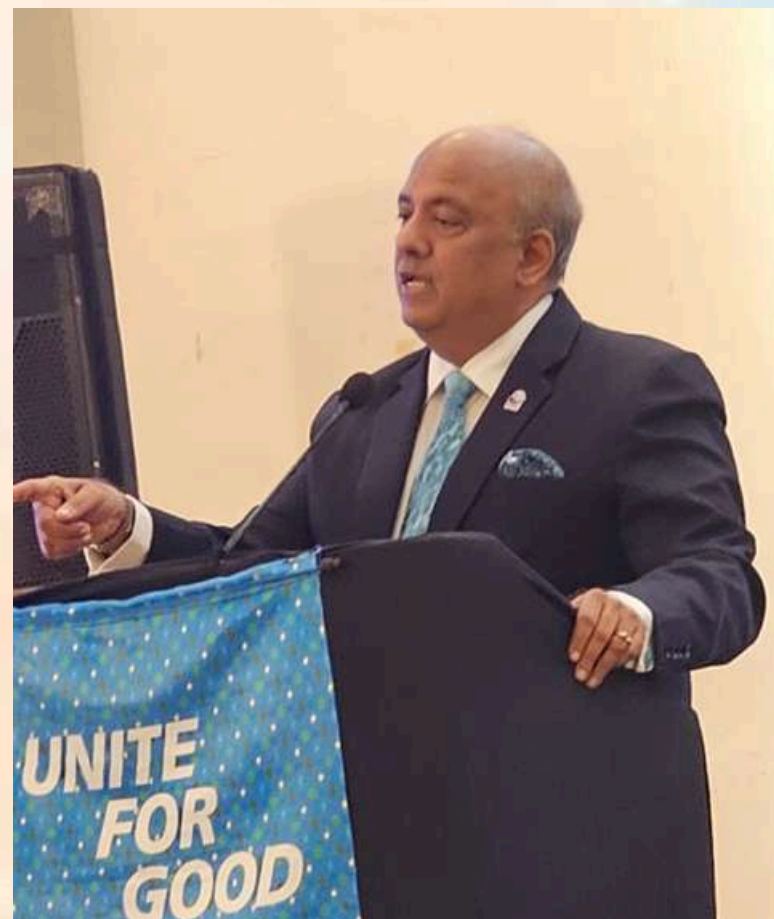
Rtn. Dr. Manish Motwani  
District Governor

Rtn. Akkshay Mehta  
TRF Group Avenue Head

Rtn. Anju Ahluwalia  
President, Rotary Club of Bombay Powai

Rtn. Kalpana Jaishankar  
Convener

RSVP:  
Kalpana Jaishankar: 98203 36633  
Nalini Raghavan: 98202 64774



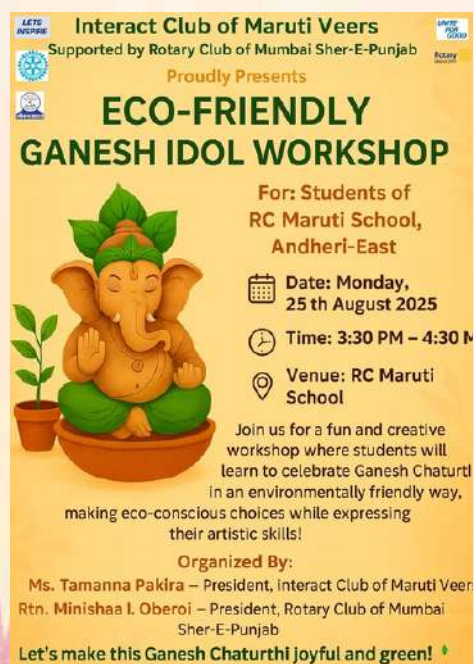
**Mulund Hills**  
**Mumbai 101**  
**Mumbai Dahisar**  
**Mumbai Divas**  
**Mumbai Elegant**  
**Mumbai Ghatkopar West**  
**Mumbai Island City**  
**Mumbai Kalakar**  
**Mumbai Khar**  
**Mumbai Lakers**  
**Mumbai Malabar Hill**  
**Mumbai Mulund South**  
**Mumbai North End**  
**Mumbai Sher-E-Punjab**  
**Mumbai Sion**  
**Mumbai South Cuffe Para**  
**Palghar**





# GANESH IDOL MAKING – GO GREEN INITIATIVE

RCMSEP AND THE INTERACT CLUB OF MARUTI VEERS ORGANIZED AN ECO-FRIENDLY GANESH IDOL-MAKING WORKSHOP AT R.C. MARUTI HIGH SCHOOL FOR CLASS IX STUDENTS, CONDUCTED BY RTR. SHRADDHA PUROHIT. THE INITIATIVE NURTURED STUDENT CREATIVITY WHILE PROMOTING ENVIRONMENTAL PROTECTION. SUCH HANDS-ON ACTIVITIES INSTILLS AWARENESS TOWARDS SUSTAINABLE CELEBRATIONS.





# SUSTAINABLE GANESH IDOL CRAFTING WORKSHOP

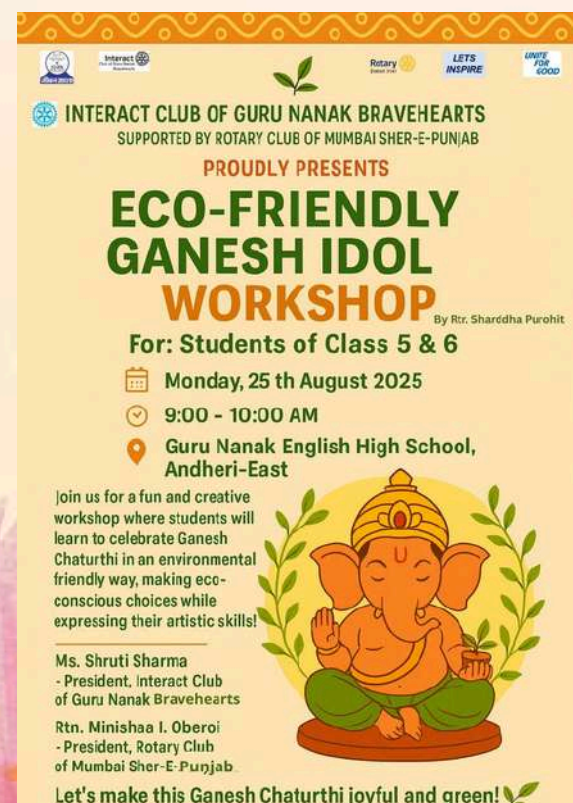
TO TACKLE THE ENVIRONMENTAL CHALLENGES OF IDOL IMMERSION, RCMSEP AND THE ROTARACT CLUB OF JES COLLEGE PARIVARTAN HOSTED AN ECO-FRIENDLY GANESH IDOL-MAKING WORKSHOP AT JES COLLEGE, CONDUCTED BY RTR. SHRADDHA PUROHIT, WITH THE PARTICIPATION OF 70 STUDENTS AND 2 TEACHERS. USING SHADU CLAY, THE PARTICIPANTS CRAFTED BEAUTIFUL AND ARTISTIC GANESH IDOLS, COMBINING CREATIVITY WITH SUSTAINABILITY.





# ECO FRIENDLY GANESH IDOL MAKING WORKSHOP

POP IDOL IMMERSION DURING GANESH CHATURTHI CREATES SERIOUS ENVIRONMENTAL HAZARDS. TO PROMOTE SUSTAINABILITY, RCMSEP AND THE INTERACT CLUB OF GURUNANAK BRAVEHEARTS ORGANIZED AN ECO-FRIENDLY IDOL-MAKING WORKSHOP FOR CLASS V AND VI STUDENTS, CONDUCTED BY RTR. SHRADDHA PUROHIT, FOSTERING CREATIVITY AND SKILL-BUILDING AMONG YOUNG LEARNERS.





# BLISSFUL GANESH DARSHAN

## AT BHOOCHER RESIDENCE

## AT OBEROI RESIDENCE





# CPR TRAINING WORKSHOP

RCMSEP ORGANISED A CPR TRAINING WORKSHOP BY DR. AKSHAY MEHTA, INTERVENTIONAL CARDIOLOGIST, ALONG WITH DR. SNIGDHA MEHTA. THE SESSION INCLUDED A PRESENTATION ON CARDIAC EMERGENCIES, HANDS-ON CPR PRACTICE, AED DEMONSTRATION AND GUIDANCE ON DISTINGUISHING FAINTING FROM CARDIAC ARREST FOR MEMBERS, OBEROI PRISMA RESIDENTS AND STAFF.



Rotary  **ROTARY CLUB OF MUMBAI SHER-E-PUNJAB**  
IN ASSOCIATION WITH PRISMA COOPERATIVE HOUSING SOCIETY

Organizes a

## CPR

(CARDIOPULMONARY RESUSCITATION)  
Training Workshop

By: Dr. Akshay Mehta, Interventional Cardiologist  
Date: Sunday, 31st August 2025  
Time: 11:00 AM  
Venue: Oberoi Prisma, 7th Floor

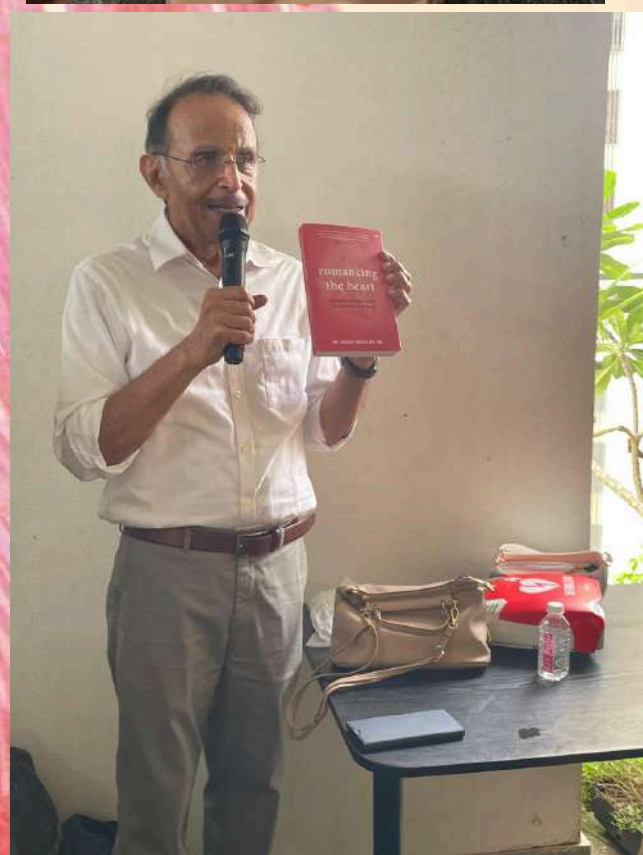


Learn life-saving skills from an expert:

- How CPR is performed
- How you can save a life in critical conditions
- How to use an AED machine during emergencies

Don't miss this opportunity to gain practical knowledge that could help save lives!

Rtn. Minishaa Oberoi (President)     Rtn. Amita Kastiya, Rtn. Jasjit Bhatia







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# Meet our District (3141) Leaders

**Central Zone Chief Coordinator : Rtn. Ravi Jaswani**



From navigating the high seas as a Master Mariner to steering a digital marketing agency, Ravi Jaswani's life reads like an adventure novel. Back in 2006, he swapped his compass for a cursor, founding a company that's since marketed over 500 Bollywood and Hollywood blockbusters. Talk about a career change—from commanding ships to commanding the box office!

His Rotary story is just as impressive. He's the guy who not only served as the past president of the RC Mumbai Lakers but also led them to the ultimate bragging rights: Most Vibrant Club Worldwide. He has served the district as head of Public Image, Public Relations & Technology. His mantelpiece is a testament to his dedication, overflowing with accolades like the Service Above Self and the Best Rotarian Award. He also led RID 3141 to the No. 1 Position in Public image in Zones 4,5,6,7.

If you've ever typed out the abbreviation "Rtn.", you've got Ravi to thank; he coined the term in 2016, a small but lasting contribution to the global Rotary lexicon.

Today, he's still a man in perpetual motion. He's at the helm of a top marketing agency and juggles a mix of other ventures, including sports marketing, producing movies and live concerts. In Rotary, he's the Chief Coordinator of the Central Zone while also leading Fundraising and Public Relations/Image for the district. Whether he's charting a course on the open water or on the web, one thing's for sure: Ravi Jaswani is always the Captain of his own destiny.





RTN. JASJIT BHATIA



# Jassi's Read & Recall Challenge

Q1. What is the famous dialogue from the movie Gadar mentioned in the article Donald Trump's Leadership? \_\_\_\_\_

Q2. Trump openly opposed \_\_\_\_\_, dismissing them as "woke politics." Rotary, by contrast, embeds \_\_\_\_\_ in its mission.

Q3. Donald J. Trump's presidency was marked by \_\_\_\_\_ and \_\_\_\_\_ agenda.

Q4. Trump imposed \_\_\_\_\_% tariffs on Indian goods, citing India's \_\_\_\_\_ imports from Russia, while the U.S. itself imported 27% of its \_\_\_\_\_ from Russia.

Q5. What is Rotary's 7th Area of Focus? \_\_\_\_\_

Q6. What does SDG stand for? \_\_\_\_\_

Q7. Which member led the Clean-Up for Sustainability & Environment drive?  
\_\_\_\_\_

Q8. Water purifier and long tables were donated to \_\_\_\_\_ School, in \_\_\_\_\_.

Q9. \_\_\_\_\_'s birthday was celebrated at Aanganwadi Kendra, Andheri on 5th August.

Q10. A Financial Literacy Camp was held at Oberoi Splendor in collaboration with \_\_\_\_\_ Foundation.

Q11. The magician who performed at Jyotirmay Foundation is \_\_\_\_\_.

Q12. Rtn. Vinod Thakkar's topic for the speaker session was \_\_\_\_\_.

Q13. RCMSEP has celebrated Raksha Bandhan at Cheshire Home for \_\_\_\_\_ consecutive years.

Q14. Generic medicines donated at Humsafar Trust, Kalina were sponsored by M/s \_\_\_\_\_ under their CSR initiative.

Q15. Girls of \_\_\_\_\_ School for the Blind received \_\_\_\_\_ and \_\_\_\_\_ kits.

Q16. RCMSEP donated a \_\_\_\_\_ to Discovery English School in collaboration with Partner \_\_\_\_\_ Foundation.

Q17. \_\_\_\_\_ is the President of the Interact Club of Maruti Veers.

Q18. RCMSEP celebrated Independence Day on 15th August with the children of \_\_\_\_\_.

Q19. The club's new RCC is called \_\_\_\_\_.

Q20. RCMSEP donated notebooks, umbrellas and Oreo biscuit packets to Rtn. Mr. Ramdas from Rotary Club of \_\_\_\_\_.

Q21. 21st August marks \_\_\_\_\_ Day for RCMSEP.

Q22. The TRF Seminar featured Past Rotary International President \_\_\_\_\_ as the Chief Guest, giving members an inspiring opportunity to hear from him.

Q23. The instructor for the three Eco-Friendly Ganesh idol workshops conducted is Rtr. \_\_\_\_\_.

Q24. The CPR Training Workshop by Dr. Akshay Mehta covered hands-on CPR practice, \_\_\_\_\_ demonstration, and guidance on distinguishing \_\_\_\_\_ from \_\_\_\_\_.

Q25. Rtn. Ravi Jaswani is the \_\_\_\_\_ of the Central Zone. He was Past President of the RC Mumbai \_\_\_\_\_.



# Our Brand Collaborators



**Calico Knots**



**Cupcakes & More**



**GetSetUp**



**She Nailed It**



**Green Mumbles**



**Sassy Trinket**



KNOW OUR BRAND PARTNER

# ***SHE NAILED IT***



Founded in April 2025 by sisters Mini Uppal and Silkky Uppal, She Nailed It Salon was born from a passion for beauty, creativity, and empowering confidence. With a shared vision to redefine nail care and styling.

At She Nailed It, we believe that nails are more than just an accessory—they are an expression of personality, style, and self-love. Whether you're looking for timeless elegance, bold statement designs, or delicate minimalist looks, our team crafts each service with precision and artistic flair. Using high-quality products, hygiene-first practices, and constant skill upgradation, we aim to deliver a salon experience that feels indulgent, inclusive, and inspiring.

Join us at She Nailed It Salon, where every manicure tells a story—and yours starts here.





# A peep through Guru's Window...

## Rtn. Gurpreet Singh Uppal



### CYBER FRAUDS: THE INVISIBLE THIEVES AT OUR DOORSTEP

We all lock our homes before stepping out, secure our cars with alarms and keep our valuables in safes. But when it comes to our digital life, we often leave the door wide open—unknowingly inviting cyber criminals.

#### A REAL-LIFE STORY

Last year, a friend of mine received a phone call saying, “Sir, your bank account will be blocked unless you update your KYC immediately. Just click the link we are sending.”

In panic, he clicked, entered his bank details, and within minutes, ₹75,000 vanished from his account. The caller never called back and the money was gone.

This wasn't carelessness—it was simply a lack of awareness. And that's exactly how cyber criminals operate. They don't break locks; they exploit trust.

#### THE MOST COMMON CYBER FRAUDS TODAY

1. Phishing Calls & Emails – Fake messages pretending to be your bank, courier service or even income tax office.
2. OTP Scams – Fraudsters trick you into sharing your OTP, often by posing as customer support.
3. Malware Links – Clicking on suspicious links or downloading free apps can let criminals access your phone.
4. Social Media Traps – “Click here to win a free gift card” or “Check who viewed your profile” – all bait to steal your data.



#### Top 5 Golden Rules of Cyber Safety

1. Think Before You Click  
– Don't open unknown links or attachments.
2. Never Share OTPs or Passwords  
– Not with anyone. Not even your bank.
3. Verify the Source  
– Always check the phone number, email ID or website.
4. Keep Your Devices Updated  
– Install security updates on mobile and laptop regularly.
5. Use Strong & Unique Passwords  
– Avoid birthdays or “12345.” Use a mix of letters, numbers & symbols.

#### How Can We Protect Ourselves?

- Pause before you click. If a message creates fear or urgency, it's likely a scam.
- Never share OTPs or passwords. Not even with bank officials—they never ask for it.
- Verify links and senders. Check the sender's email ID or phone number carefully.
- Keep your devices updated. Security patches whether on Laptop or Mobile exist for a reason.
- Use strong, unique passwords. A password like “12345” is the equivalent of leaving your front door unlocked.

Remember This Simple Rule:

If something sounds too urgent or too good to be true—it probably is a fraud.

#### **Why Rotary Members Should Care?**

As Rotarians, many of us are professionals, entrepreneurs or community leaders. A cyber fraud not only affects our finances but also our reputation and trust. By being vigilant ourselves and spreading awareness, we protect not just our families but our larger community.

#### Final Thought

Cyber criminals are like invisible thieves. They don't knock at your door; they slip into your life through a click, a call or a careless password. Let's stay alert, spread awareness and make sure the digital doors of our homes are as secure as our physical ones.

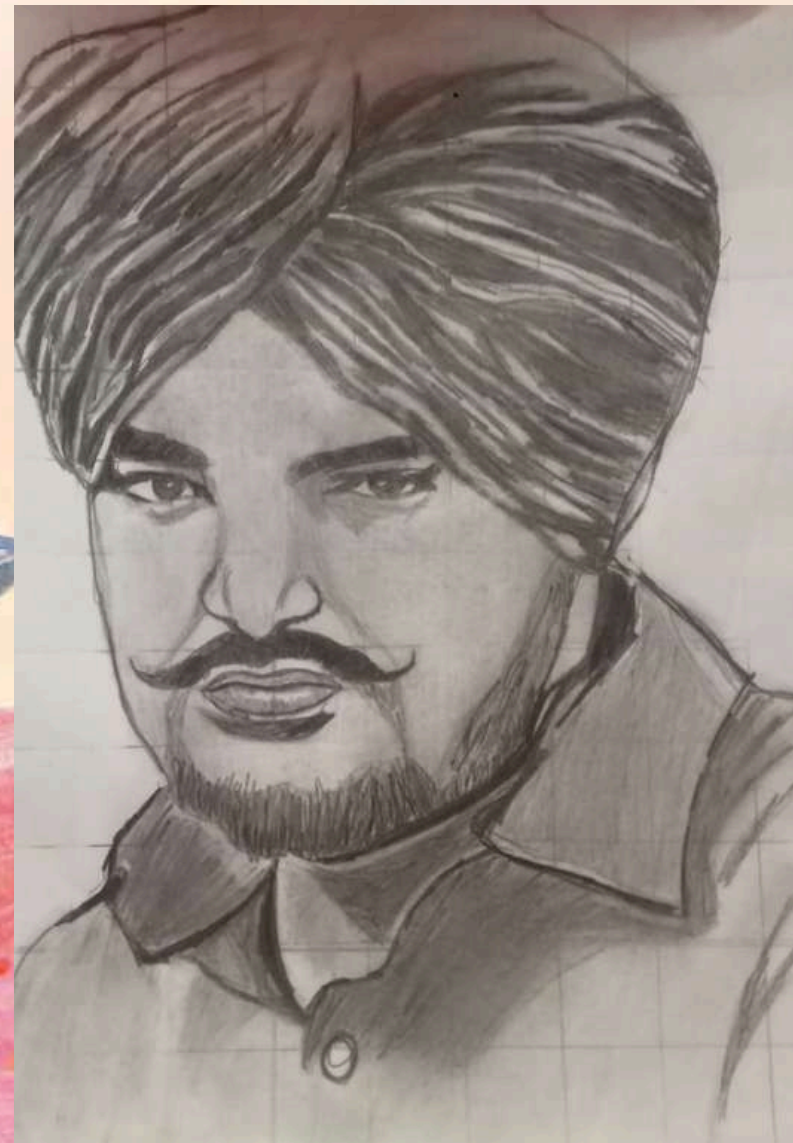
Stay safe. Stay cyber smart. 





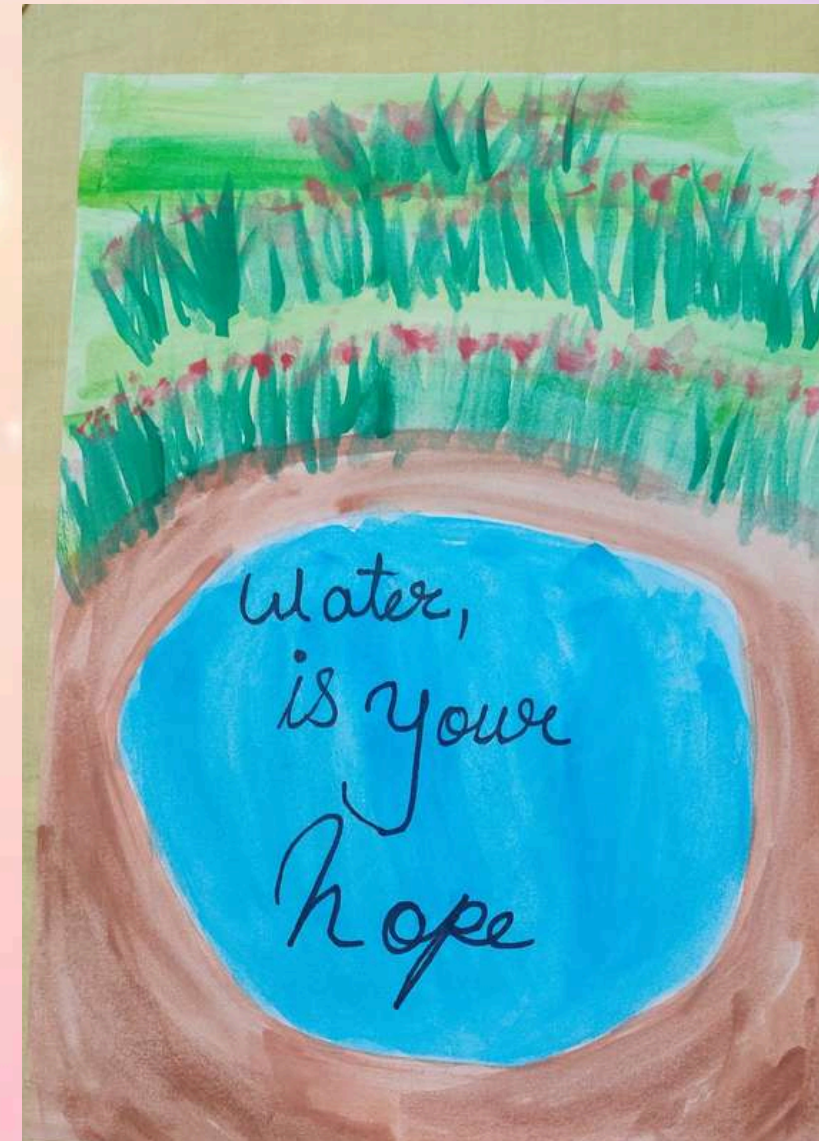
# Creative Corners: Rotary Family Showcase

*Pencil Art By Interactor Vishnu Pillai*



*Canvas Painting by Adaa Khanna..*

*Rtn Pradeep and Rtn Sukarma Khanna's granddaughter*





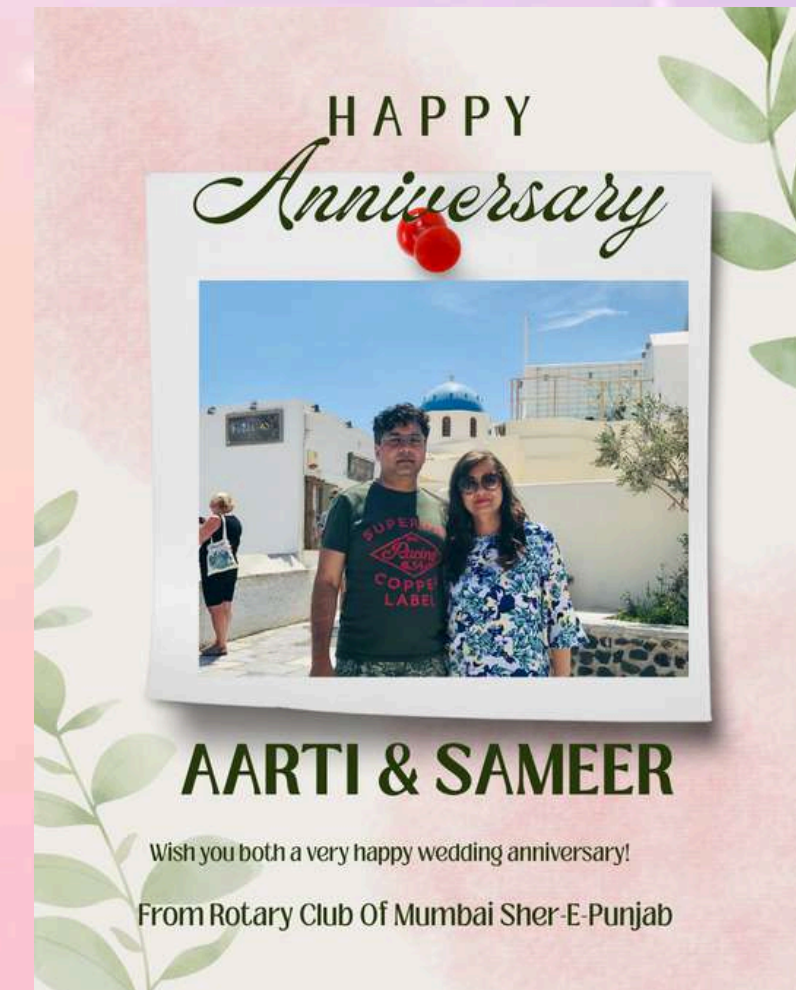
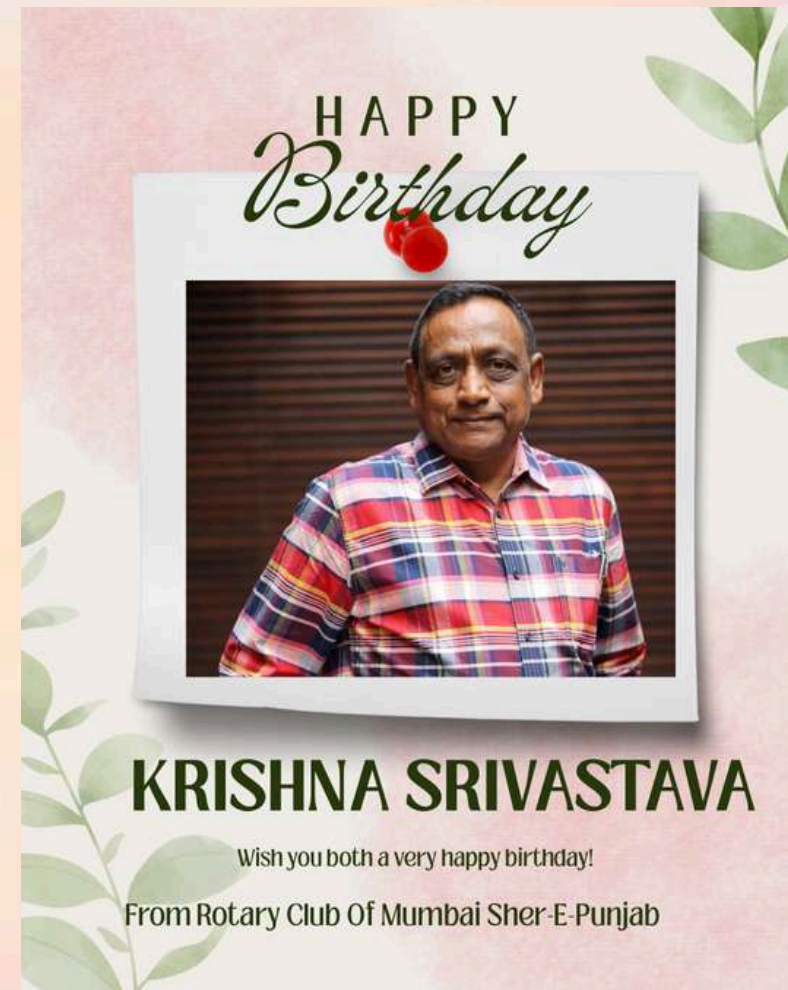
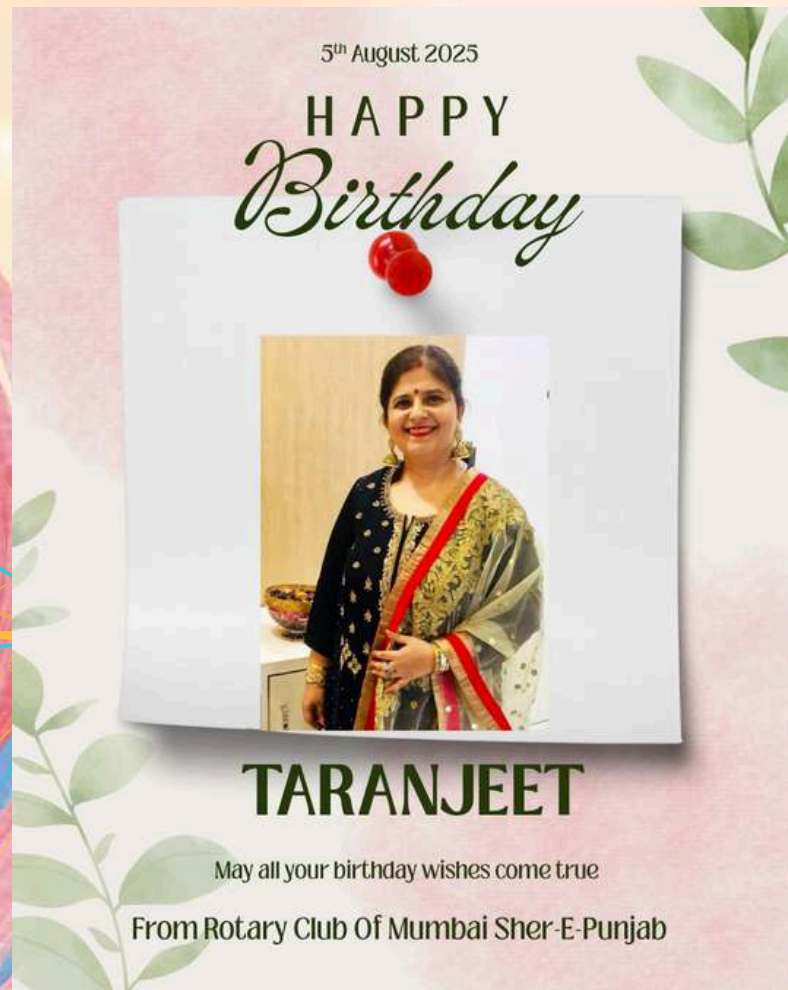
UNITE  
FOR  
GOOD

Rotary  
District 3141



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# August Birthdays/ Anniversary Celebrated





# VISIBILITY OF CLUB PROJECTS GML INSPIRE (AUGUST ISSUE)





# ROTARY CLUB OF MUMBAI SHER-E-PUNJAB PARTNERS WITH GETSETUP

## IS REAL ESTATE TRULY THE BEST INVESTMENT — OR JUST A MYTH? BY FINANCIAL EXPERT MR. S. SRIDHARAN

### Is Real Estate Truly the Best Investment—or Just a Myth?

For decades, real estate has been celebrated as the ultimate investment—an asset that appreciates steadily and generates rental income. The belief is widespread: owning property equals long-term wealth. But is this really true, or is it a myth shaped by tradition and perception?

#### The Allure vs. Reality

The appeal of property lies in its perceived safety and tangibility. Many assume that real estate prices always rise and that rental income will cover costs. Yet the reality is more complex. Market downturns, low rental yields, high maintenance expenses, and tenant-related challenges often erode returns. Unlike financial assets, real estate can also lock up large sums in illiquid investments.

#### Smarter Alternatives

Financial expert Mr. S. Sridharan highlights that other investment options—such as fixed-income instruments (7–8% returns), equity-based mutual funds and hybrid funds—often deliver better flexibility, liquidity, and security. Those who still want real estate exposure without the burdens of ownership may consider REITs (Real Estate Investment Trusts) and InvITs (Infrastructure Investment Trusts).

#### Key Strategies for Financial Planning

- 💰 Planning for Inflation: Estimate retirement needs with a 6% inflation assumption and identify any savings gaps.
- 📊 The Bucket Strategy: Allocate funds by timeline—1–3 years in debt or FDs, 3–6 years in hybrids, 6–10 years in balanced funds and 10+ years in equity for long-term growth.
- 🏥 Health Security: Secure comprehensive insurance before retirement to avoid financial strain from medical costs.
- 🔄 Regular Reviews: Rebalance portfolios and use SWPs (Systematic Withdrawal Plans) for steady income.
- 👍 Professional Guidance: Seek expert advice to create a disciplined, long-term wealth strategy tailored to personal goals.

#### Myths That Need Busting

- Property values don't always climb—economic cycles can bring steep corrections.
- Rental yields are often overstated; net rental income after expenses and taxes may be much lower than expected.
- Managing tenants, maintenance, and legalities requires time, effort, and expertise.

#### Conclusion

Real estate can certainly play a role in a diversified portfolio, but it is not the guaranteed ticket to wealth it is often believed to be. In today's dynamic markets, balancing property with flexible financial instruments may provide a more reliable path to stability, growth, and long-term independence.





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# Aasha

*Monthly Newsletter of Rotary Club Of Mumbai Sher-E-Punjab*

**31st August 2025**

**Thank You**